

${}_{10}^{11}\text{Ne}_1$	${}_{10}^{12}\text{Ne}_2$	${}_{10}^{13}\text{Ne}_3$	${}_{10}^{14}\text{Ne}_4$	${}_{10}^{15}\text{Ne}_5$	${}_{10}^{16}\text{Ne}_6$	${}_{10}^{17}\text{Ne}_7$	${}_{10}^{18}\text{Ne}_8$	${}_{10}^{19}\text{Ne}_9$	${}_{10}^{20}\text{Ne}_{10}$	${}_{10}^{21}\text{Ne}_{11}$	${}_{10}^{22}\text{Ne}_{12}$	${}_{10}^{23}\text{Ne}_{13}$	${}_{10}^{24}\text{Ne}_{14}$	${}_{10}^{25}\text{Ne}_{15}$
${}_{9}^{10}\text{F}_1$	${}_{9}^{11}\text{F}_2$	${}_{9}^{12}\text{F}_3$	${}_{9}^{13}\text{F}_4$	${}_{9}^{14}\text{F}_5$	${}_{9}^{15}\text{F}_6$	${}_{9}^{16}\text{F}_7$	${}_{9}^{17}\text{F}_8$	${}_{9}^{18}\text{F}_9$	${}_{9}^{19}\text{F}_{10}$	${}_{9}^{20}\text{F}_{11}$	${}_{9}^{21}\text{F}_{12}$	${}_{9}^{22}\text{F}_{13}$	${}_{9}^{23}\text{F}_{14}$	${}_{9}^{24}\text{F}_{15}$
${}_{8}^{9}\text{O}_1$	${}_{8}^{10}\text{O}_2$	${}_{8}^{11}\text{O}_3$	${}_{8}^{12}\text{O}_4$	${}_{8}^{13}\text{O}_5$	${}_{8}^{14}\text{O}_6$	${}_{8}^{15}\text{O}_7$	${}_{8}^{16}\text{O}_8$	${}_{8}^{17}\text{O}_9$	${}_{8}^{18}\text{O}_{10}$	${}_{8}^{19}\text{O}_{11}$	${}_{8}^{20}\text{O}_{12}$	${}_{8}^{21}\text{O}_{13}$	${}_{8}^{22}\text{O}_{14}$	${}_{8}^{23}\text{O}_{15}$
${}_{7}^{8}\text{N}_1$	${}_{7}^{9}\text{N}_2$	${}_{7}^{10}\text{N}_3$	${}_{7}^{11}\text{N}_4$	${}_{7}^{12}\text{N}_5$	${}_{7}^{13}\text{N}_6$	${}_{7}^{14}\text{N}_7$	${}_{7}^{15}\text{N}_8$	${}_{7}^{16}\text{N}_9$	${}_{7}^{17}\text{N}_{10}$	${}_{7}^{18}\text{N}_{11}$	${}_{7}^{19}\text{N}_{12}$	${}_{7}^{20}\text{N}_{13}$	${}_{7}^{21}\text{N}_{14}$	${}_{7}^{22}\text{N}_{15}$
${}_{6}^{7}\text{C}_1$	${}_{6}^{8}\text{C}_2$	${}_{6}^{9}\text{C}_3$	${}_{6}^{10}\text{C}_4$	${}_{6}^{11}\text{C}_5$	${}_{6}^{12}\text{C}_6$	${}_{6}^{13}\text{C}_7$	${}_{6}^{14}\text{C}_8$	${}_{6}^{15}\text{C}_9$	${}_{6}^{16}\text{C}_{10}$	${}_{6}^{17}\text{C}_{11}$	${}_{6}^{18}\text{C}_{12}$	${}_{6}^{19}\text{C}_{13}$	${}_{6}^{20}\text{C}_{14}$	${}_{6}^{21}\text{C}_{15}$
${}_{5}^{6}\text{B}_1$	${}_{5}^{7}\text{B}_2$	${}_{5}^{8}\text{B}_3$	${}_{5}^{9}\text{B}_4$	${}_{5}^{10}\text{B}_5$	${}_{5}^{11}\text{B}_6$	${}_{5}^{12}\text{B}_7$	${}_{5}^{13}\text{B}_8$	${}_{5}^{14}\text{B}_9$	${}_{5}^{15}\text{B}_{10}$	${}_{5}^{16}\text{B}_{11}$	${}_{5}^{17}\text{B}_{12}$	${}_{5}^{18}\text{B}_{13}$	${}_{5}^{19}\text{B}_{14}$	${}_{5}^{20}\text{B}_{15}$
${}_{4}^{5}\text{Be}_1$	${}_{4}^{6}\text{Be}_2$	${}_{4}^{7}\text{Be}_3$	${}_{4}^{8}\text{Be}_4$	${}_{4}^{9}\text{Be}_5$	${}_{4}^{10}\text{Be}_6$	${}_{4}^{11}\text{Be}_7$	${}_{4}^{12}\text{Be}_8$	${}_{4}^{13}\text{Be}_9$	${}_{4}^{14}\text{Be}_{10}$	${}_{4}^{15}\text{Be}_{11}$	${}_{4}^{16}\text{Be}_{12}$	${}_{4}^{17}\text{Be}_{13}$	${}_{4}^{18}\text{Be}_{14}$	${}_{4}^{19}\text{Be}_{15}$
${}_{3}^{4}\text{Li}_1$	${}_{3}^{5}\text{Li}_2$	${}_{3}^{6}\text{Li}_3$	${}_{3}^{7}\text{Li}_4$	${}_{3}^{8}\text{Li}_5$	${}_{3}^{9}\text{Li}_6$	${}_{3}^{10}\text{Li}_7$	${}_{3}^{11}\text{Li}_8$	${}_{3}^{12}\text{Li}_9$	${}_{3}^{13}\text{Li}_{10}$	${}_{3}^{14}\text{Li}_{11}$	${}_{3}^{15}\text{Li}_{12}$	${}_{3}^{16}\text{Li}_{13}$	${}_{3}^{17}\text{Li}_{14}$	${}_{3}^{18}\text{Li}_{15}$
${}_{2}^{3}\text{He}_1$	${}_{2}^{4}\text{He}_2$	${}_{2}^{5}\text{He}_3$	${}_{2}^{6}\text{He}_4$	${}_{2}^{7}\text{He}_5$	${}_{2}^{8}\text{He}_6$	${}_{2}^{9}\text{He}_7$	${}_{2}^{10}\text{He}_8$	${}_{2}^{11}\text{He}_9$	${}_{2}^{12}\text{He}_{10}$	${}_{2}^{13}\text{He}_{11}$	${}_{2}^{14}\text{He}_{12}$	${}_{2}^{15}\text{He}_{13}$	${}_{2}^{16}\text{He}_{14}$	${}_{2}^{17}\text{He}_{15}$
${}_{1}^{2}\text{H}_1$	${}_{1}^{3}\text{H}_2$	${}_{1}^{4}\text{H}_3$	${}_{1}^{5}\text{H}_4$	${}_{1}^{6}\text{H}_5$	${}_{1}^{7}\text{H}_6$	${}_{1}^{8}\text{H}_7$	${}_{1}^{9}\text{H}_8$	${}_{1}^{10}\text{H}_9$	${}_{1}^{11}\text{H}_{10}$	${}_{1}^{12}\text{H}_{11}$	${}_{1}^{13}\text{H}_{12}$	${}_{1}^{14}\text{H}_{13}$	${}_{1}^{15}\text{H}_{14}$	${}_{1}^{16}\text{H}_{15}$