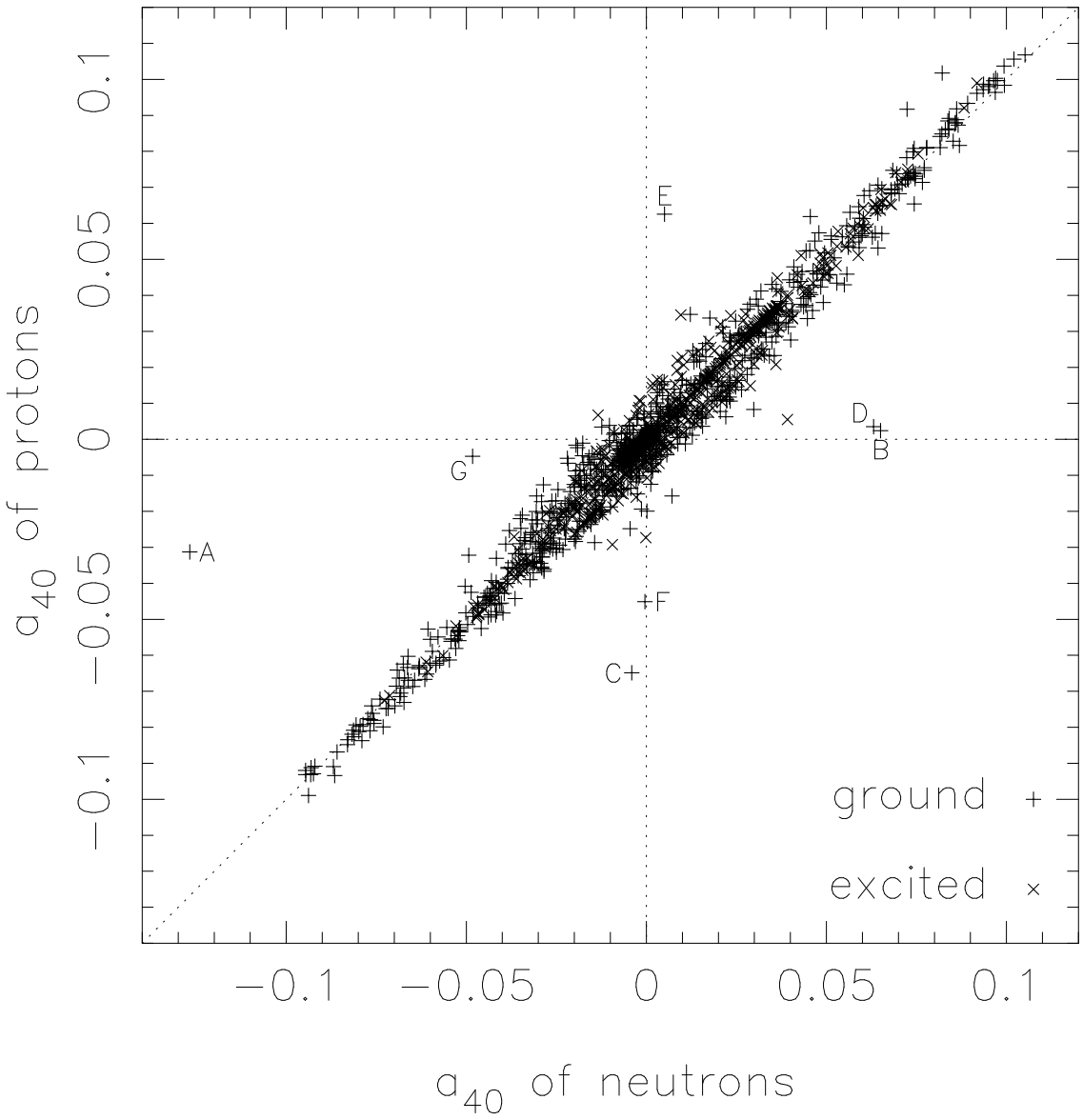
a40 of protons
a40 of neutrons
−0.1
−0.05
0
0.05
0.1
A
B
C
D
E
F
G
ground
excited