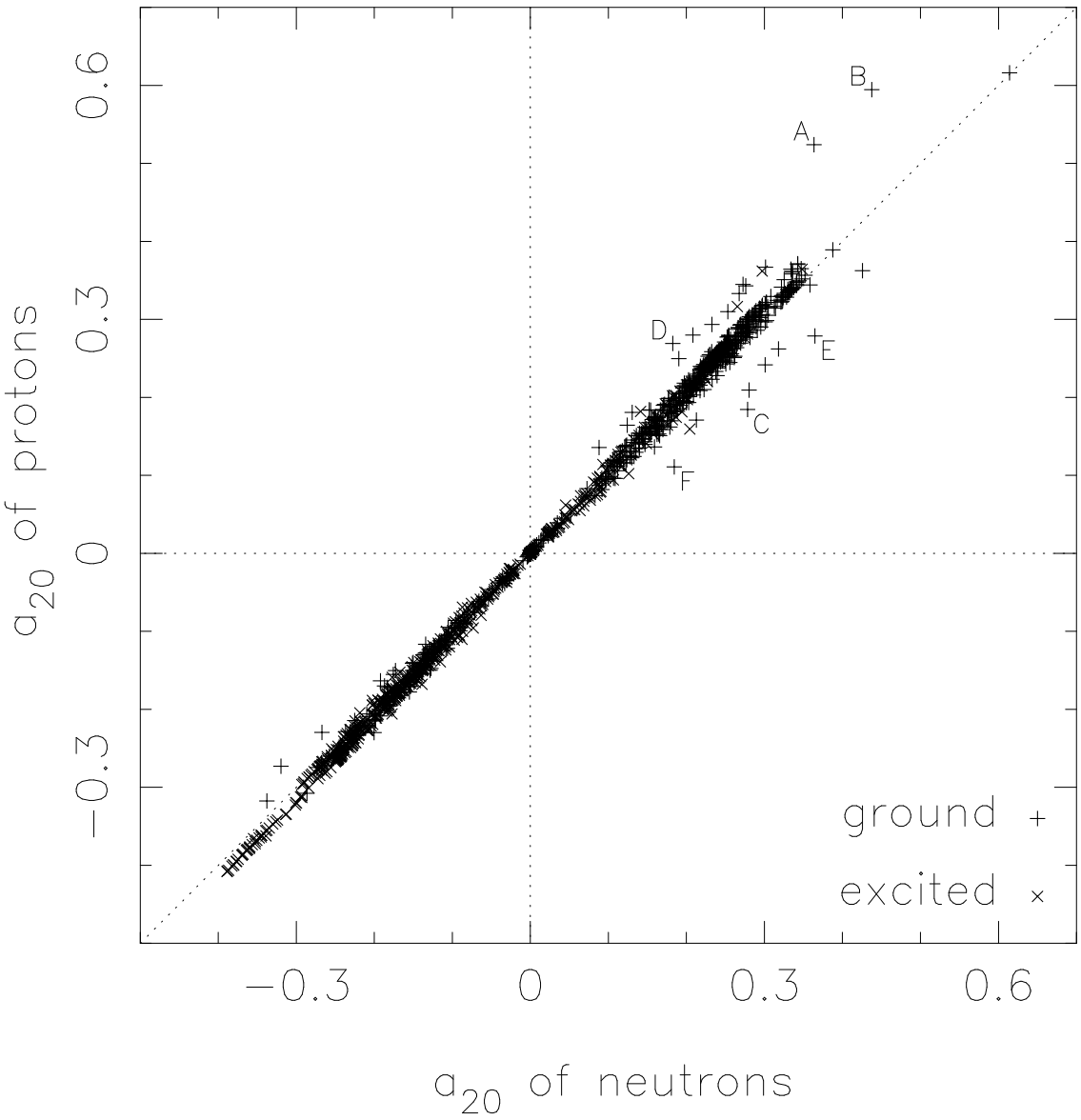
0.6
0.3
0
−0.3
a_{20} of protons
−0.3
0
0.3
0.6
a_{20} of neutrons
A
B
C
D
E
F
ground +
excited ×